



Good Shepherd Episcopal Church

The Second Sunday of Lent

March 1, 2026

Morning Prayer 10:30AM

The Book of Common Prayer pp. 75-102.

THE WORD OF GOD

PRELUDE

Jesu Joy of Man's Desiring
by J.S Bach

ENTRANCE

Lord Who Throughout These Forty Days

H142

OPENING SENTENCES

BCP 75

Officiant: "Rend your hearts and not your garments. Return to the Lord your God, for He is gracious and merciful, slow to anger and abounding in steadfast love, and repents of evil." *Joel 2:13*

CONFESSION OF SIN

BCP 79

Officiant: Let us confess our sins against God and our neighbor.

**Officiant & People: Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
And walk in your ways,
to the glory of your Name. Amen.**

Kneeling

The Officiant remains kneeling and says

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

THE INVITATORY AND PSALTER

All Stand

BCP 80

Officiant: O Lord, open our lips.

People: And our mouth shall proclaim your praise.

Officiant & People: Glory to the Father, and to the Son, and to the Holy Spirit as it was in the beginning, is now, and will be for ever. Amen.

Officiant: The Lord is full of compassion and mercy. Come let us adore him.

JUBILATE (Officiant and People read responsively)

PSALM 100

BCP 82

Be joyful in the Lord, all ye lands: *
**serve the Lord with gladness
and come before his presence with a song.**

Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.

For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.

PSALM 121

Levavi oculos

I lift up my eyes to the hills; *
from where is my help to come?

My help comes from the Lord, *
the maker of heaven and earth.

He will not let your foot be moved *
and he who watches over you will not fall asleep.

Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;

The Lord himself watches over you; *
the Lord is your shade at your right hand,

So that the sun shall not strike you by day, *
nor the moon by night.

The Lord shall preserve you from all evil; *
it is he who shall keep you safe.

The Lord shall watch over your going out and your coming in, *
from this time forth for evermore.

THE FIRST LESSON GENESIS 12:1-4A

Reader: A Reading from the Book of Genesis

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the Lord had told him; and Lot went with him.

Reader: Hear what the Spirit is saying to God’s people.

People: Thanks be to God.

CANTICLE 8 THE SONG OF MOSES

BCP 85

I will sing to the Lord, for he is lofty and uplifted; *
the horse and its rider has he hurled into the sea.

The Lord is my strength and my refuge; *
the Lord has become my Savior.

This is my God and I will praise him, *
the God of my people and I will exalt him.

The Lord is a mighty warrior; *
Yahweh is his Name.

The chariots of Pharoah and his army has he hurled into the sea
the finest of those who bear armor have been drowned in the Red Sea.

The fathomless deep has overwhelmed them; *
they sank into the depths like a stone.

Your right hand, O Lord, is glorious in might; *
your right hand, O Lord, has overthrown the enemy.

Who can be compared with you, O Lord, among the gods? *
**who is like you, glorious in holiness,
awesome in renown, and worker of wonders?**

You stretched forth your right hand; *
the earth swallowed them up.

With your constant love you led the people you redeemed; *
with your might you brought them in safety to your holy dwelling.

You will bring them in and plant them *
on the mount of your possession,

The resting-place you have made for yourself, O Lord, *
the sanctuary, O Lord, that your hand has established.

The Lord shall reign *
for ever and for ever.

Glory to the Father, and to the Son, and to the Holy Spirit
as it was in the beginning, is now, and will be for ever. Amen.

THE SECOND LESSON ROMANS 4:1-5, 13-17 *Please be Seated*

Reader: A reading from the Letter of Peter to the Romans

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader: Hear what the Spirit is saying to God's people.
People: **Thanks be to God.**

CANTICLE 19 (Officiant and People read responsively)

THE SONG OF THE REDEEMED

REVELATION 15:3-4

BCP 94

O ruler of the universe, Lord God,
great deeds are they that you have done, *
surpassing human understanding.

Your ways are ways of righteousness and truth, *
O King of all the ages.
**Who can fail to do you homage, Lord,
and sing the praises of your Name? *
for you only are the Holy One.**

All nations will draw near and fall down before you, *
because your just and holy works have been revealed.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be forever. Amen.

THE GOSPEL

JOHN 3:1-17

Officiant/Reader: A Reading from the Gospel of John

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven

except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

Reader: Hear what the Spirit is saying to God’s people.

People: **Thanks be to God.**

THE APOSTLES’ CREED **Officiant and People** [Stand as able.] **BCP 96**

**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and the life everlasting. Amen.

OFFERTORY HYMN *How Great Thou Art* **L66**

DOXOLOGY

**Praise God from whom all blessings flow;
praise him all creatures here below;
praise him above, ye heavenly host;
praise Father, Son, and Holy Ghost.**

HYMNAL 380, v.3

Officiant: The Lord be with you.

People: And also with you.

Officiant: Let us pray.

THE LORD'S PRAYER

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory for ever and ever. Amen.**

SUFFRAGES A (Officiant and People) [Stand or kneel, as able.]

BCP 97

- V. Show us your mercy, O Lord;
R. And grant us your salvation.
V. Clothe your ministers with righteousness;
R. Let your people sing with joy.
V. Give peace, O Lord, in all the world;
R. For only in you can we live in safety.
V. Lord, keep this nation under your care;
R. And guide us in the way of justice and truth.
V. Let your way be known upon earth;
R. Your saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with your Holy Spirit.

Collect of the Day

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor, through Jesus Christ our Lord. **Amen.**

A Collect for Grace

Lord God, Almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. **Amen.**

A Collect for Peace

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

PRAYERS OF THE PEOPLE

[Stand or kneel, as able.]

<https://www.trinitybeth.org/resources.html>

Officiant: God sent the Son into the world to save the world. As we prepare for the paschal feast, let us offer our prayers for all God's people that they may find new birth in the Spirit, saying: **Hear our prayer.**

For the Church: especially Sean our Presiding Bishop and Carlye, our bishop, that the Holy Spirit will inspire us in our Lenten journey and help us to live as faithful disciples, we pray to you, O God. **Hear our prayer.**

For this Parish Family, that we, like Abraham, may go forth from all that is familiar to those new places and relationships into which God leads us, we pray to you, O God. **Hear our prayer.**

In thanksgiving for these days of Lent, that we may use this time to make space in the busyness of our lives to let God's Word move our hearts, we pray to you, O God. **Hear our prayer.**

For all the descendants of Abraham: Jews, Muslims and Christians; that we may honor all that we share in common and work together to overcome the evil that ensnares human hearts, we pray to you, O God. **Hear our prayer.**

For the gift of peace, that God will turn hearts from violence and conflict, bring an end to aggression and war, and open opportunities for reconciliation, we pray to you, O God. **Hear our prayer.**

For all who are overwhelmed by the burdens of loss, misunderstanding and uncertainty, that God will heal their pain, comfort those who are grieving and help them experience God's presence each day, we pray to you, O God. **Hear our prayer.**

For those whose lives are affected by severe weather, those living in fear of the unknown, and those in need of our prayers **Jim, Belle, Andy, Jessica, Sarah, Michael, Virginia, Warren, Carol, Pat, Leslie, Joanie, Kathy, Kathryn, Joyce, Joanne, Martha, Caryl, Keith, Steve, Ron, Ted, Barbara, Mark, Mary, George, Jane, Helen, Archie** that they may know that God watches over them by day and by night, we pray to you, O God. **Hear our prayer.**

We pray for our friends in this week's cycle of prayer: **Rich and Pat Parcells, Chloe Paul, Melanie Paul. Bless them, O Holy One.**

Officiant: Blessed are you, God of Abraham and Sarah, who made of your people a great nation. Receive the prayers we offer this day for all in need and grant us a share in the life to come. Glory to you forever and ever. **AMEN.**

THE GENERAL THANKSGIVING (Officiant and People)

BCP 101

Officiant: Together, let us pray The General Thanksgiving.

**Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation
and all the blessings of this life;**

but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Officiant: Let us bless the Lord.

People: **Thanks be to God.**

SENDING *The God of Abraham Praise*

H401

POSTLUDE: *Minuet in G Major*
by Ludwig van Beethoven

PARISH NOTES FOR THE WEEK OF MARCH 1, 2026

Sunday, March 1, 2026 @ 10:30AM

MORNING PRAYER

The Second Sunday of Lent

Lori Gibbons, Worship Leader

Mavis O'Rourke, Altar Guild

Shana Joy Grassi, Organist

Linda Janowitz, Charlie Heitzman, Counters

Sunday, March 8, 2026 @ 10:30AM

HOLY EUCHARIST

The Third Sunday of Lent

Rev. Mark Waldon, Presider

Barbie Schulien, Lay Reader and Acolyte

Barbara Adams, Altar Guild

Shana Joy Grassi, Organist

Jane Shanoian, Lori Gibbons, Counters

Food Pantry: Our next opportunity to staff and bring donations of food, hygiene items and paper goods to the Kiwanis Food Pantry in Montville is Saturday, March 21, 2026.

Craft Group: The March “first Tuesday” meeting is on March 3 from 6:00PM to 8:00PM at the Lincoln Park Library. The next “third Wednesday” of the month meeting will be on March 18 from 1:00PM to 3:00PM. at the Lincoln Park Library.

Change for Change: Due to the very high gas bill and snow plowing expenses, our Change For Change donations will be applied to those costs. The thermostat in the church is being set at 65 degrees, so please dress accordingly.

Grains of Hope: Registration to work at the 2026 Grains of Hope packing event is at gohni.org. The last day to register to work is March 5. Packing weekend is March 13/14.

Office Hours: Office Hours:

Tuesday, March 3:

Vacation Day

Thursday, March 5:

9:30AM to 5:30PM

Saturday, March 7:

Office hours as needed